

Healthy Beginnings ~ Menu

December 16th - 20th

Breakfast & Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast: Organic Hard Boiled Egg & Fruit - Organic Milk</p> <p>AM & PM Snacks: Wheat Crackers & Hummus Raisins</p>	<p>Breakfast: Waffle & Turkey Sausage - Organic Milk</p> <p>AM & PM Snacks: Whole Wheat Crackers & Cheese Cubes</p>	<p>Breakfast: Blueberry or Cranberry Scones, Fruit, Organic Milk</p> <p>AM & PM Snacks: Whole Wheat Crackers & Sun Butter</p>	<p>Breakfast: Breakfast Bar, Turkey Bacon - Organic Milk</p> <p>AM & PM Snacks: Whole Wheat Crackers & Hummus</p>	<p>Breakfast: Organic Hard Boiled Egg, Fruit - Organic Milk</p> <p>AM & PM Snacks: Small Sun butter & organic jelly sandwiches</p>

Organic Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Organic Roasted Chicken Leg</p> <p>Tai Coconut Rice</p> <p>Roasted Veggies</p> <p>Vegetarian - Meatless chicken Nuggets</p> <p>Organic Milk</p>	<p>Organic - Cheese Ravioli with marinara Sauce</p> <p>Spinach Salad with Fruit</p> <p>Homemade Rolls & Butter</p> <p>Organic Milk</p>	<p>All Natural Fish Sticks</p> <p>Organic Vegetarian Baked Beans</p> <p>Vegetarian - Organic Bean & Cheese Burrito</p> <p>Sliced Apples</p> <p>Organic Milk</p>	<p>Grilled Cheese Turkey Sandwich</p> <p>Veggie Straws</p> <p>Organic Yogurt with Sliced Banana's</p> <p>Vegetarian - Grilled Cheese</p> <p>Organic Milk</p>	<p>Homemade Whole Wheat Pizza (organic sauce & cheese)</p> <p>Steamed Carrots with Cinnamon</p> <p>Organic Milk</p>